In the event of local anesthetic-induced cardiac arrest that is unresponsive to standard therapy, in addition to standard cardio-pulmonary resuscitation, Intralipid 20% should be given i.v. in the following dose regime:

- Intralipid 20% 1.5 mL/kg over 1 minute
- Follow immediately with an infusion at a rate of 0.25 mL/kg/min,
- Continue chest compressions (lipid must circulate)
- Repeat bolus every 3-5 minutes up to 3 mL/kg total dose until circulation is restored
- Continue infusion until hemodynamic stability is restored. Increase the rate to 0.5 mL/kg/min if BP declines
- A maximum total dose of 8 mL/kg is recommended

In practice, in resuscitating an adult weighing 70kg:

- Take a 500ml bag of Intralipid 20% and a 50ml syringe.
- Draw up 50ml and give stat i.v., X2
- Then attach the Intralipid bag to an iv administration set (macrodrip) and run it i.v over the next 15 minutes
- Repeat the initial bolus up to twice more – if spontaneous circulation has not returned.

If you use Intralipid to treat a case of local anaesthetic toxicity, please report it at www.lipidrescue.org. Remember to restock the lipid. Ver 7/06